

COAM SENSORY TRAIL

Our sensory trail has been designed for all visitors, including those with sensory impairments, to use their senses to explore the Museum and really bring our stories to life. Look out for our symbols around the site and use them as a sensory guide to help you explore the Museum. The Museum site is continually changing with seasonal plants in the gardens, moving livestock and a variety of activities on site, meaning that no visit is ever the same.

Take your time today and feel free to explore. Perhaps spend time simply sitting down and becoming more aware of all the sights, sounds and smells around you; or you may like to explore all the different textures by touch.

Some ideas to get you started

- As you walk, listen to all the sounds what can you hear?
- Now do all the different ground surfaces feel under your feet?
- What can you smell as you enter each building?
- What can you smell outside?
- How does the weather today feel?
- What patterns did you see?
- Nhat did you enjoy touching?

What was your favourite area of the Museum and why?

Notes about the site

We invite you to totally immerse yourself in the experience but please be mindful that all the exhibits are historical artefacts and we ask that you are gentle.

Please remember that our site has livestock so **always wash your hands**. The majority of the site is wheelchair friendly apart from our woodland walk. During wet weather the path from Arborfield Barn to the Iron Age roundhouse may not be suitable for wheelchairs.



Share your pictures with us using #ChilternOAM



Look out for the markers onsite

